



An EU Action Plan For Better Cardiovascular Health – Policy asks



The European Commission should:

- **Facilitate best practices:** Establish a **Joint Action amongst Member States to encourage more focus on secondary prevention and early detection** through appropriate diagnostic checks, heart and vascular health checks, and to identify barriers to the wider uptake of rehabilitation
- **Improve data and evidence:** Leverage the European Health Data Space to create a **common European CVD information system** focused on patient outcomes and treatment options, to improve CVD registries and to **implement and improve quality measurement indicators** to monitor patient access to CVD care
- **Invest in research:** **Broaden the scope of European Reference Networks beyond rare diseases**, beginning with an ERN on structural heart disease – including coronary, heart failure and stroke – and strengthen research on the **value of CVD medical devices and diagnostics** and the impact on patients' lives
- **Strengthen access and innovation:** In the framework of the new Public Private Partnership on Health Innovation, **facilitate pilots to have efficient access to innovation in a secure manner, such as through Early Feasibility Studies**



Member States should:

- **Invest smartly to improve access:** In their Recovery Plans, allocate investments into projects aiming to **improve equal access to detection, CVD care and treatment**, and **reward smart investments into (digital) medical innovations** that improve patient outcomes and quality of life, reduce the burden on hospitals and improve the resilience of the healthcare system
- **Promote awareness, digitalisation and capacity-building:** **Introduce widespread early detection and screening programmes**, while promoting the use of **digital and diagnostic tools** to facilitate early detection and invest in **comprehensive multidisciplinary early detection training programmes** for reskilling healthcare professionals, especially within primary care and amongst specialist nurses